

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

December 2021

Wellington Place Memory Support

<p>10:00 Exercise 5 10:30 Read the Newspaper 1:00 December Trivia 3:00 Movie and Popcorn</p>	<p>10:00 Exercise 6 10:30 Fun Facts about Frank! 1:00 Ladder Ball 2:00 Visit with Hazel, the dog 4:00 Muddy Buddies</p>	<p>10:00 Exercise 7 10:30 Pearl Harbor History 1:00 Performance by Tom Baker 2:30 Christmas Cards 4:00 Card Group</p>	<p>10:00 Balloon Ball 8 10:30 Would you Rather 1:00 Stretches 2:30 Wiser Now Wednesday 4:00 Ice Cream Sundae Social</p>	<p>10:00 Exercise 9 10:30 Catholic Church 1:00 Lutheran Church 2:30 Bunko 4:00 Fleece Blankets</p>	<p>10:00 Exercise 10 10:30 Nutcracker Match Up 1:00 Manicures 2:30 Our Planet Coastal Seas Video 4:00 Bingo</p>	<p>10:00 Exercise 11 10:30 Coffee and Conversation 1:00 Word Puzzles 3:00 Helpful Chores</p>
<p>10:00 Exercise 12 10:30 Read the Newspaper 1:00 Walt Disney Facts 3:00 Movie and Popcorn</p>	<p>10:00 Exercise 13 10:30 Trivia 1:00 Parachute 2:30 This Week in History 4:00 Popcorn Balls</p>	<p>10:00 Exercise 14 10:30 Hangman 1:00 Country Western Music 2:30 Paint Snowmen/Trees 4:00 Card Group</p>	<p>10:00 Soccer 15 10:30 Question Ball 1:00 Stretches 2:30 Wiser Now Wednesday 4:00 Root beer float Social</p>	<p>10:00 Exercise 16 10:30 Catholic Church 1:00 Lutheran 2:30 Uno 4:00 Paint Christmas Ornaments</p>	<p>10:00 Exercise 17 10:30 Snowstorm in a bottle 1:00 Men's Group – Doolittle Raid Documentary 2:30 Armchair Travels: Ireland 4:00 Bingo</p>	<p>10:00 Exercise 18 10:30 Coffee and Conversation 1:00 Word Puzzles 3:00 Helpful Chores</p>
<p>10:00 Exercise 19 10:30 Read the Newspaper 1:00 Christmas Coloring 3:00 Movie and Popcorn</p>	<p>10:00 Exercise 20 10:30 What am I? 1:00 Bowling 2:30 This Week in History 4:00 Christmas Truffles</p>	<p>10:00 Exercise 21 10:30 Card Group 1:00 Christmas Carols 2:30 Paint Wooden Figurines 4:00 Left Right Center Holiday Game</p>	<p>10:00 Noodle Ball 22 10:30 Reminisce – Christmas Traditions 1:00 Stretches 2:30 Wiser Now Wednesday 4:00 Apple Turnover Social</p>	<p>10:00 Exercise 23 10:30 Catholic Church 1:00 Lutheran Church 2:30 Decorate the Gingerbread House Game 4:00 Christmas Cookie Decorating</p>	<p>10:00 Exercise 24 10:30 Manicures 1:00 London Christmas Lights Virtual Tour 2:30 Christmas Party 4:00 Christmas Bingo</p>	<p><i>Merry Christmas</i></p>
<p>10:00 Exercise 26 10:30 Read the Newspaper 1:00 New Year's Coloring 3:00 Movie and Popcorn</p>	<p>10:00 Exercise 27 10:30 Dancing Spaghetti Science Experiment 1:00 Soccer 2:30 This Week in History 4:00 Monster Cookie Balls</p>	<p>10:00 Exercise 28 10:30 Hangman 1:00 Name that Tune 2:30 Winter Tree Painting 4:00 Card Group</p>	<p>10:00 Velcro Catch 29 10:30 Reminisce – New Year's Resolutions 1:00 Stretches 2:30 Wiser Now Wednesday 4:00 Chocolate Chip Cookie Social</p>	<p>10:00 Exercise 30 10:30 Catholic Church 1:00 Lutheran Church 2:30 Pick the Peanut Game 4:00 New Year's Game</p>	<p>10:00 Exercise 31 10:30 What's New for 2022?! 1:00 Men's Group 2:30 Our Planet Fresh Water Video 4:00 Bingo</p>	<p><i>Happy New Year!</i></p>

Kwanzaa Begins

New Year's Eve

Activities and times are subject to change