

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

October 2021

						10:00 Exercise 10:30 Fall Leaf Painting 1:00 Manicures 2:30 Redwood Forest Documentary 4:00 Bingo	1 10:00 Exercise 10:30 National Park Discussion 1:00 Word Puzzles 3:00 Helpful Chores
10:00 Exercise 10:30 Read the Newspaper 1:00 Gather for Giggles 3:00 Movie and Popcorn	3 10:00 Exercise 10:30 Finish the Phrase 1:00 Noodle Tennis 2:30 This Week in History 4:00 Monster Cookie Balls	4 10:00 Exercise 10:30 Card Group 1:00 Name that Tune 2:30 2 Cents Game 4:00 Dog Toys	5 10:00 Visit from Hazel, the Dog! 1:00 Stretches 2:30 Wisen Now Wednesday - 4:00 Cookie Social	6 10:00 Exercise 10:30 Church 1:00 Vegetable Matching 2:30 Uno 4:00 Pumpkin Coloring	7 10:00 Exercise 10:30 Halloween Decorating 1:00 Men's Group - Cars 2:30 Westerns 4:00 Bingo	8 10:00 Exercise 10:30 Halloween Decorating 1:00 Men's Group - Cars 2:30 Westerns 4:00 Bingo	9 10:00 Exercise 10:30 Coffee and Conversation 1:00 Word Puzzles 3:00 Helpful Chores
10:00 Exercise 10:30 Read the Newspaper 1:00 Washington Monument Discussion 3:00 Movie and Popcorn	10 10:00 Exercise 10:30 Hangman 1:00 Bowling 2:30 This Week in History 4:00 Muddy Buddies	11 10:00 Exercise 10:30 Tick Tock Tuesday 1:00 Name that Instrument 2:30 Bunko 4:00 Canadian Thanksgiving Coloring	12 10:00 Exercise 10:30 Tick Tock Tuesday 1:00 Name that Instrument 2:30 Bunko 4:00 Canadian Thanksgiving Coloring	13 10:00 Balloon Tennis 10:30 Reminisce – Failures and Successes 1:00 Stretches 2:30 Wisen Now Wednesday 4:00 Ice Cream Social	14 10:00 Exercise 10:30 Church 1:00 Italian Dinner Detective 2:30 Card Bingo 4:00 Halloween Door Signs	15 10:00 Exercise 10:30 Science Experiment 1:00 Manicures 2:30 "I Love Lucy" 4:00 Bingo	16 10:00 Exercise 10:30 Do you Hear what I Hear 1:00 Word Puzzles 3:00 Helpful Chores
10:00 Exercise 10:30 Read the Newspaper 1:00 Mulligan Day – Mini Golf 3:00 Movie and Popcorn	17 10:00 Exercise 10:30 Who am I? 1:00 Soccer 3:30 Performance by Kent Larson	18 10:00 Exercise 10:30 Card Group 1:00 Golden Arches Day 2:30 Dominoes 4:00 Suncatchers	19 10:00 Exercise 10:30 Card Group 1:00 Golden Arches Day 2:30 Dominoes 4:00 Suncatchers	20 10:00 Velcro Catch 10:30 Reminisce - Halloween 1:00 Stretches 2:30 Wisen Now Wednesday 4:00 Pretzel Social	21 10:00 Exercise 10:30 Church 1:00 Music Lover Detective 2:30 Coverall 4:00 Halloween Coloring	22 10:00 Exercise 10:30 Name that Pasta 1:00 Men's Group - 2:30 Armchair Travels: Germany 4:00 Bingo	23 10:00 Exercise 10:30 Coffee and Conversation 1:00 Word Puzzles 3:00 Helpful Chores
10:00 Exercise 10:30 Read the Newspaper 1:00 Halloween Mad Libs 3:00 Movie and Popcorn	24 10:00 Exercise 10:30 Trivia 1:00 Ladder Ball 2:30 This Week in History 3:00 Performance by Cathy Hoffert	25 10:00 Exercise 10:30 Dancing Pasta Science Experiment 1:00 Halloween Music 2:30 UNO 4:00 Spider Web Craft	26 10:00 Exercise 10:30 Dancing Pasta Science Experiment 1:00 Halloween Music 2:30 UNO 4:00 Spider Web Craft	27 10:00 Noodle Tennis 10:30 Picture This - Reminisce 1:00 Stretches 2:30 Wisen Now Wednesday 4:00 Carmel Apple Social	28 10:00 Exercise 10:30 Church 1:00 Order Up! 2:30 Dem Bones Game 4:00 Chocolate Tasting National Chocolate Day	29 10:00 Exercise 10:30 Jack O Lantern Matching Game 1:00 Manicures 2:30 Halloween Bingo 4:00 Halloween Social	30 10:00 Exercise 10:30 Coffee and Conversation 1:00 Word Puzzles 3:00 Helpful Chores
10:00 Exercise 10:30 Read the Newspaper 1:00 Halloween Ha! Ha! Ha! 3:00 Movie and Popcorn	31 10:00 Exercise 10:30 Read the Newspaper 1:00 Halloween Ha! Ha! Ha! 3:00 Movie and Popcorn	Wellington Memory Support Activities					

Columbus Day (US)
Indigenous Peoples' Day
Thanksgiving (Canada)

Happy Halloween!

Halloween

Activities and times are subject to change.